

Afghan Refugees in the UK

Culture, Religion and Traditions

& their relevance for UK health practitioners



An Afghan Association PAIWAND-Mind in
Harrow collaboration



A one-day event of talks and workshops exploring the culture, religious beliefs and traditions of the Afghan community and how these inform approaches to mental health.

The event will focus on:

- An introduction to Afghan culture and traditions
- Islam & Emotional Wellbeing
- Experiences of Afghan refugees within the UK mental health system
- The practical implications of cultural differences for health practitioners
- Barriers to accessing appropriate support and how to overcome them

While focusing on the Afghan community, this event will explore the core issues affecting ethnic minority and refugee communities in the UK. It will provide a platform for dialogue among health professionals about how to improve access to appropriate services among these communities.

Who's this for?

This event is relevant to anybody working with refugee and minority communities within a health and/or social care setting. This includes GPs, social workers, charity workers, mental health specialists, therapists and service commissioners.

Tuesday 12th July 2015

12.30pm-6pm (including Afghan supper at 5pm)

Harrow Baptist Church, College Road, HA1 1BA

Attendance is free and places are limited. Book yours:

afghancommunitywellbeing.eventbrite.co.uk

For more information:

Paiwand: Dr Ghulam Farooq, ghulam.farooq@paiwand.com - 020 8905 8770
Mind in Harrow: Emily Danby, e.danby@mindinharrow.org.uk – 0208 515 7860